

Behavioral Health Advisory Board (BHAB) Executive Committee Meeting Minutes

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Date: June 4, 2015 Time: 2:30 pm – 3:15 pm

Place: 1600 Pacific Highway - Room 358

San Diego, CA 92101

AGENDA ITEMS

I. Call to Order

Meeting called to order by Tom Behr at 2:30p. Those present were Executive Committee members, Tom Behr, Chair, Phillip Deming, 1st Vice Chair, Jenifer Mendel, 2nd Vice Chair, and John Sturm, Member-at-Large. Rebecca Hernandez, Member-at-Large, was not present. Behavioral Health Services staff, Alfredo Aguirre, BHS Director and Traci Finch, Administrative Analyst III were also present.

- II. Hearing from the Public (limited to 2 minutes per speaker)
 None
- III. Approval of the Agenda

M/S approval of minutes Mendel/Sturm. All ayes

IV. Approval of the Minutes from May 7, 2015
M/S approval of minutes Sturm/Mendel. All ayes

V. BHS Dashboard Training

Alfredo Aguirre explained the Behavioral Health Dashboard Indicators report is included in the BHAB meeting packet each month. In response to requests for a deeper understanding of this report, the following two training dates have been arranged:

- Friday, 6/12/15 (1:30-3:00p)
- Wednesday, 6/24/15 (9:00-10:30a)

Both sessions will be led by Tabatha Lang, Chief of the Quality Improvement Unit. Reservations can be made with Traci Finch. For those who cannot attend either time offered, BHS staff can arrange for a small group session or teleconference, if needed.

VI. Additional Advocate Selection Discussion

At the conclusion of the May BHAB Meeting, the following Advocates were appointed:

- 1. Person in Recovery (C. MacKinnon/J. Mendel as alternate)
- 2. Child Advocate (R. Hernandez)
- 3. Advocate for Multi-Ethnic Concerns (J. Sturm)
- 4. Older Adult Advocate (M. Matthews)
- 5. Representative to CALMHB/C (T. Behr/J. Sturm as alternate)
- 6. Women's Health (J. Martin)
- 7. Open Data (J. Hall)

In addition, the following Advocate roles were suggested at the May meeting to be voted on at the June meeting:

- 8. Adult Council Advocate (G. Harris)
- 9. Men's Mental Health Advocate (P. Deming)

The Executive Committee discussed the method of Advocate reporting and time considerations to the agenda, suggestions included:

- Each advocate could write a short report to be included in the BHAB packet for the Board Members to read – this could be done monthly or quarterly.
- Cyclical reporting in addition to each advocate submitting a written report, there could also be dedicated time on the agenda for 2-3 advocates to give an oral report with different groups rotating each month. Advocates with pressing issues could request to go out of order, if needed.
- Minutes from each meeting could be provided and/or a synopsis of the meeting written by the advocate.

VII. Suicide Prevention Workgroup Update

Phil Deming reported on the first meeting held on May 26 where the Co-Chairs of the Suicide Prevention Council (SPC) and Community Health Improvement Partners (CHIP) staff informed the group of their work and resources. The focus of the next meeting will be to review County-contracted suicide prevention programs in order to complete the picture of services offered. Continued participation of the SPC and CHIP staff will be at the discretion of the Workgroup.

VIII. Establishing Subcommittees

The Executive Committee reviewed the description of subcommittees and noted the BHAB Fall Retreat would be a good forum for discussion. Tom Behr requested the group allocate a large portion of time at the July Executive Meeting to discuss subcommittees with each Executive Member bringing an idea to the table for consideration.

The difference between subcommittees and ad hoc workgroups was clarified. Subcommittees are regular meetings open to the public, subject to Brown Act and carry a higher level of formality. Workgroup meetings are less formal, can be held as needed, are not subject to Brown Act and do not need to be open to the public.

IX. BHAB Fall Retreat

A discussion was held regarding interest in holding a Fall Retreat to take place over a half day on a Saturday. Alfredo Aguirre explained that if the Executive Committee agrees to move forward with a retreat, then next steps would be to poll the entire Board to set a date and use a future Executive Committee meeting to set the agenda (or hold a separate meeting/meet earlier if that is the preference.)

John Sturm suggested training for Board Members, how to best influence County processes, and how to be a better Board, in general. Alfredo Aguirre agreed this would be a good topic for the retreat with a presentation on how BHAB can better understand their roles and limitations in terms of oversight and advisory in general, and on specific topics, such as budget priorities and other topics of interest. Alfredo noted BHS does a good job in ensuring BHAB has a central role in the community planning process. The idea of parliamentary training as a possible retreat topic was also suggested. All agreed a Board 101 session would be best to cover all the basics.

X. July 2 BHAB Meeting Date / Future Presentations

Tom Behr noted the July 2nd BHAB meeting date is held the day before a holiday weekend and opened discussion for moving the meeting or going dark. Alfredo Aguirre noted the Board will have several pressing Action Items in July and going dark would not be the best option. Alfredo suggested polling the Board to see who will be here on July 2 and a decision could be made at that time to hold or move the meeting date.

Due to several Action Items on the July agenda, there also was discussion around whether to have the standard two presentations, drop to one presentation, or make the decision to not have any in the interest of time. Alfredo noted the planned topic for July is a Katie A./Pathways. The Executive Committee agreed one presentation only would be fine with the final decision to be made at the Regular BHAB meeting.

Staff will send a list of potential future presentations to the Executive Committee for consideration including a *Live Well San Diego* talk from Nick Macchione sometime in the fall. It was also agreed the Fall Retreat would be a good forum to determine future topics of interest.

XI. Announcements

None

XII. Adjournment

Adjourned at 3:30pm

Reviewed by,

Traci Finch, Administrative Analyst III

Behavioral Health Advisory Board Support Staff

Approved by,

Thomas L. Behr, Chairperson Behavioral Health Advisory Board